



# INTERNATIONAL STUDENT SERVICES FRIENDSHIP FAMILY NEWSLETTER WINTER TERM 2025

## THIS NEWSLETTER INCLUDES

- *Friendship Family Event*
- *Apple Crumble Recipe*
- *Family Friendly Events*
- *Valentine's Day Around The World*



## FRIENDSHIP FAMILY PAINT & SIP

*Join us on Friday, Feb. 28th for our very first Paint & Sip event! 🎨✨ It will take place from 5-7pm in Wriston Art Center 105. Snacks and drinks will be provided to fuel your creativity. We can't wait to see you there for an afternoon of fun and creativity! 🍷🍷*

International Student Services  
FRIENDSHIP FAMILY PROGRAM

# Paint + Sip

Come join us for our first Paint & Sip event! Grab a brush, get creative, and let's make something fun together. We can't wait to see you there!

WHEN: FRIDAY, FEBRUARY 28TH FROM 5-7PM  
WHERE: WRISTON ART CENTER 105  
SNACKS AND DRINKS WILL BE PROVIDED

# FRIENDSHIP FAMILY IDEAS

- Research your family and/or your student's family history
- Decorate inexpensive mugs with acrylic paint together for enjoying hot drinks later
- Make homemade hot apple cider complete with cinnamon sticks
- Make homemade s'mores using the microwave
- Try your hand at ice fishing, or simply go check out the ice shanties on the lake
- Mail your student a Valentine (contact [internationalhouse@lawrence.edu](mailto:internationalhouse@lawrence.edu) for their mailbox number)



**One afternoon, take time to cook with your Friendship Family! Here's a simple and easy recipe to enjoy together for a festive treat. Let us know how it turns out, and don't forget to share some pictures!**

## **WINTER APPLE CRUMBLE**

- Apple Crumble Topping
  - all purpose flour
  - brown sugar
  - baking powder
  - salt
  - ground cinnamon
  - unsalted butter
- Apple Crumble Filling
  - apples
  - sugar
  - lemon juice
  - corn starch or all purpose flour
  - salt
  - ground cinnamon

### **Apple Crumble Topping**

1. Combine dry ingredients in a medium bowl and whisk to combine.
2. Stir in the melted butter with a fork until crumbly.

### **Apple Crumble Filling**

1. Combine apples, granulated sugar, lemon juice, cornstarch (or flour if using) and cinnamon.
2. Transfer to a baking dish and spread into an even layer.
3. Sprinkle crumble mixture evenly over the top of the filling.
4. Bake at 350 for 35 to 45 minutes or until bubbling and golden brown on top.
5. Let cool for 15 minutes to allow the filling to thicken.

# LUGGE (LOOG-UH)

Lugge draws inspiration from the Danish and Norwegian concept of \*Hygge\* (pronounced "hoo-ga"), a word that embodies warmth, comfort, and contentment. It's about embracing life's simple joys, cherished moments with loved ones, relaxing in cozy surroundings, and indulging in the small pleasures of good food and drink.



**Winter Carnival:** A Lawrence tradition since the 1930s, Winter Carnival invites students to celebrate the season from late January to early February. The week-long event includes indoor and outdoor activities like broom ball, hot chocolate, and snow creature building. This year's highlights include a road trip to Titledown, the Green Bay destination near Lambeau Field with a skating rink and sledding hill.

## THINGS TO DO IN THE WINTER

**Björklunden Retreat:** Lawrence students frequently visit Björklunden, a 441-acre Door County estate on Lake Michigan, during the winter months. With its cozy lodge, scenic trails, and stunning views, it offers a chance to connect with nature and friends while enjoying Wisconsin's winter beauty.

**Downtown Appleton:** A winter hike through Appleton's charming downtown is a great off-campus activity. Explore local shops, restaurants, and coffee spots, and take advantage of student discounts through the Viking Downtown Deals program.

**Downtown Appleton Winter Events:** Enjoy seasonal fun close to campus with annual events like the Downtown Appleton Christmas Parade, the monthly indoor winter market, Death by Chocolate, and Avenue of Ice.

## RECAP OF LUNAR NEW YEAR

The Lawrence community rang in the Lunar New Year on January 25th with special performances, cultural presentations, dinner, and a Lion Dance!



# VALENTINES DAY AROUND THE WORLD

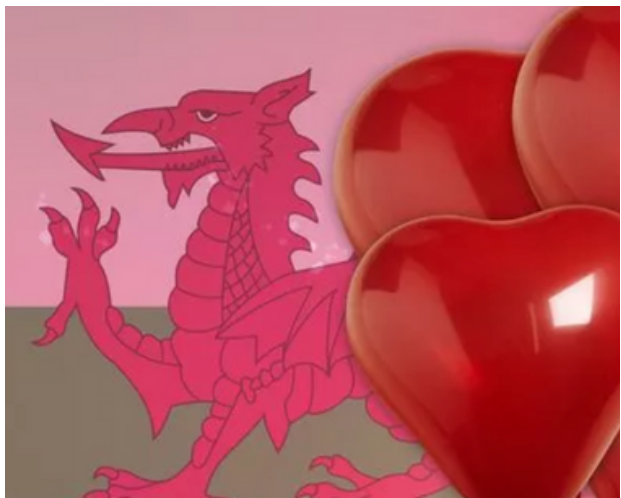


## **GHANA**

Ghanaians have found the sweetest way to our hearts, chocolate! February 14 marks National Chocolate Day, an initiative launched by the government in 2007 to highlight Ghana's status as one of the world's largest cocoa producers. The day is celebrated with concerts, performances, and special chocolate-themed menus at restaurants, making it a truly delightful occasion.

## **ROMANIA**

In Romania, Valentine's Day is celebrated 10 days later, blending the themes of love and the arrival of spring. Young couples gather wildflowers and wash their faces in snow as a symbolic welcome to the new season. It's also a popular day for lovers to propose, making it a truly romantic occasion.



## **WALES**

The Welsh celebrate love early, marking St. Dwynwen's Day on January 25 instead of Valentine's Day. As the patron saint of lovers, St. Dwynwen inspires a unique tradition: men gift their partners hand-carved wooden spoons, a nod to the days when love-struck Welsh sailors would carve intricate designs into spoons for their sweethearts back home.